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SRI RAMAKRISHNA ASHRAMA  
STUDY CIRCLE,  
M Y S O R E

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G U I D E B O O K.

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G U I D E B O O K.



Sri Ramakrishna OBJECT:s unique message

was to declare the fundamental unity of  
On the following guiding principles  
all Religions. So reverential and deep  
a comprehensive syllabus for the Students  
study of the tenets of other religions  
of the Study Circle has been drawn up  
and different systems of Hindu thought  
which is expected to equip them eminently  
should also be emphasised with a view to  
for right thinking, right spiritual  
create a synthetic outlook which is  
pursuit and for right spirit of service  
indispensably required for the preaching  
to humanity at large in various important  
of religion, under the banner of Sri  
capacities either in India or in Foreign  
Ramakrishna and Swami Vivekananda.  
countries.

Swami Vivekananda laid down the  
principle that since Vedantahas to be  
preached in modern times, conclusions  
of modern science and findings of other  
departments of Human knowledge should be  
thoroughly grasped by the monks of the  
Order so that they may present Hindu  
thought in a manner acceptable to modern  
minds.



Sri Ramakrishna's unique message was to declare the fundamental unity of all Religions. So reverential and deep study of the tenets of other religions and different systems of Hindu thought should also be emphasised with a view to create a synthetic outlook which is indispensably required for the preaching of religion, under the banner of Sri Ramakrishna and Swami Vivekananda.

of the Ramakrishna Order. No probationer or outsider devotee is allowed.

Applications for admission are to be sent to the General Secretary of the Math and Mission/and all selection will depend on the authorities of the Belur Math.

Only those that are already conversant to some extent of Ramakrishna-



## ADMISSION.

The courses are meant to cover a period of one year for those who have dedicated their lives for the study and practise of Religion and Philosophy and their dissemination based on ones experience.

The course is open only to those invested as Brahmacharis and Sanyasins of the Ramakrishna Order. No probationer or outsider devotee is allowed.

Applications for admission are to be sent to the General Secretary of the Math and Mission/and all selection will depend on the authorities of the Belur Math.

Only those that are already conversant to some extent of Ramakrishna-



Vivekananda Literature and are desirous of taking advantage of a further intensive life of discipline training and advanced course of studies, meditation and active life need apply.

The course will last for one year commencing from . . . . of year . . . and ending with Sri Ramakrishna's Birthday of the . . .

The syllabus is given at the end of the book.

The teaching will be conducted by the selected Senior Members of the Order as well as by eminent Professors, Lecturers and Pandits well versed in their subjects or schools of thought. The list of such teachers as against their subjects will be published at the commencement of every course.



## FACILITIES.

Each candidate thus selected by the Head Quarters will be paid his Railway fare to Mysore and on completion of the course his return fare to Belurmath or any Centre he may be posted in India by the authorities. They are also provided with clothes, books, postage, paper, note books, soaps, etc., at an aggregate cost of Rs 70/- each.

Two seater rooms are provided in the Ashrama and each is given a cot, a table, a chair, book rack and cloth rack.



## SUNDRY RULES.

Each is to bring his own bedding, blankets, mosquito nets etc.

All are expected to keep their belongings well arranged. Shoes should be left in racks specially provided for them and not scattered in the verandah. Bath rooms shall be used only by each during specified hours and aim of each will be to leave the bath room clean for the next user. Leaving oil bottles or spilling oil in the bath room should be avoided.

No clothes should be left in buckets or racks in the bath room beyond his time of occupation. Soap dishes, tooth brush etc., should be promptly taken back to the rooms.



No clothes should be left in drying rack or wire beyond the time necessary. Waste paper baskets are provided in every room.

Reading Room papers and journals are circulated with mutual understandings.

Getting up early morning - all noise like dragging or dropping the bucket, banging door etc., should be avoided so as to keep utmost silence in the early hours. Similarly silence should be maintained from 7 to 8.30 p.m. and after 10 p.m.

Every one should attend daily Mangalarathi in the evening and Taranan Sankirtan on Ekadasi days. No one should be absent from the Ashrama after dusk except occasionally on specific duty.

the clothes should be left in

place on which they were found

and not be moved

until the police arrive

and take possession of them

and then they can be examined

and the evidence can be preserved

and the case can be solved

and the truth can be known

and the justice can be done

and the peace can be kept

and the world can be saved

and the future can be bright

and the hope can be strong

and the love can be true

and the life can be good

and the death can be sweet

and the resurrection can be real

One should co-operate to maintain discipline and a spiritual atmosphere in the Ashrama both in ones own interest as well as for the benefit of the public. Atleast evening meditation from 7.30 to 8.30 should be performed before the Shrine, each having a specific seat.

Each is expected to conduct atleast two functions in the year at his own initiative and leadership with the full co-operation of the members of the Ashrama and Students' Home. The functions to be conducted during the year are:-

1. Birthday of Swami Vivekananda.
2. Birthday of Swami Brahmananda.
3. Shivaratri.
4. Birthday of Sri Ramakrishna.
5. Sri Ramanavami.
6. Sri Shankarajayanti.



## TEACHING STAFF, SUBJECTS & HOURS.

I. Estimated working weeks = 45  
excluding 5 days for Dasara,  
48 Wednesdays as weekly recess &  
3 days celebrations,  
i.e., 336 days minus 56 days  
= 280 days of actual work  
with  $3\frac{1}{2}$  hours per day constituting  
980 hours for the year.

### II. Apportionment of hours of teaching: Hours.

1.	Sri Vimalananda	300	The Prasthanas Thrayas.
2.	" Yatiswarananda	50	
3.	" Omkarananda	50	
4.	" Gambhirananda	50	The Bhagavad Gita.
5.	" Ojasananda	50	The Scientific Method.
6.	" Tapasyananda	50	Comparative Religion & Religious Organisations

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7. Sri Basavajayanti.
8. Madhwa Jayanti.
9. Buddha Jayanti.
10. Prophet's Birthday.
11. Birthday of Mahavir.
12. Sri Krishna Jayanti.
13. Sri Vinayaka Chaturthi.
14. Sri Ramamuja Jayanti.
15. Christ's Birthday.
16. Birthday of Guru Nanak.
17. Birthday of Zoroaster.
18. Holy Mother's Birthday.

No outsider will be allowed to the  
Study Circle Building.

All friends should be interviewed  
only in the office block.



## Hours.

- |     |                                  |     |   |
|-----|----------------------------------|-----|---|
| 7.  | Sri.Ranganathananda              | 50  | Lectures on Astavakra & Mandukya.                             |
| 8.  | " Chidbhavananda                 | 50  | Saints of India Series & Ramakrishna-Vivekananda Perspective. |
| 9.  | " Raghavendrachar                | 20  | Dwaita.   |
| 10. | " Yamunachar                     | 25  | Vishistadvaita.   |
| 11. | " V-ittal Sastr                  | 40  | Advaita Selections.   |
| 12. | " Brinivasa Murthy               | 30  | Sociology, Metaphysics & Epistemology.                        |
| 13. | " Narayana Sastry                | 30  | Western Psychology - Cognition, Volition & Emotion.           |
| 14. | Visiting Swamis & Savants - Dis- |     |   |
|     | courses                          | 45  |   |
| 15. | Library Class **                 | 140 |   |

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Total:- 980 hours.  
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\*\* Besides the Ashrama Library, facilities can be had of availing of the books of the University and Oriental Libraries.



SOME OF THE SUBJECTS FOR EXTENSION  
TALKS AS PER PROVISION UNDER ITEM 14.

1. Public Contact:-
  - (a) Continuity of personal contacts through Institutions.
  - (b) A cultural approach to the devotees and new acquaintances, interesting them increasingly in the cause.
  - (c) Collection of Funds.
2. Relationship between Head of a Centre and workers.
3. Administrative efficiency.
4. Our relationship with social functions.
5. Contacts with students and youths in general.
6. Pilgrimage - its value.
7. Tapasya in seclusion and in Society.
8. Philanthropic Organisations in India.
9. The Maths in India other than ours.
10. Gandhian Philosophy.
11. Reminiscences of Great Personalities and noteworthy places.
12. Public speaking.



13. Hints on taking Scriptural Classes.
14. Bodily Nutrition and Mental Fitness.
15. Methods of Organisation.
16. Cultural Institutes in India.

(The above subjects are to be handled only by the Senior Examiners of the Order)



## THE SCOPE OF THE SYLLABUS.

The syllabus that follows here is sought to be comprehensive with many basic books under each subject. But they are by no means complete and so require to be supplemented with up to date books from time to time. The aim is not to teach or study every book mentioned within the short span of one year which is impossible.

Therefore every teacher of the Study Circle will furnish to cover the periods available for him a separate syllabus for his own subject on the salient principles he has to stress home and indicate the possibilities of further study covered by the syllabus in due course.



## COURSES OF STUDY.

### I. WESTERN PHILOSOPHY:

#### (1) Meta Physics:

- (i) Introduction to Philosophy  
by Pattrick.
- (ii) Introduction to Modern  
Philosophy by Russel.

Discourses by one Professor of  
Philosophy of the Mysore University  
on this subject.

#### (2) Ethics:

- (i) Prolegomena to Ethics by Green.
- (ii) Elemental of Morals by  
A.C.Mitra.

Discourses by a Professor of the  
Mysore University on this subject.

#### (3) Psychology:

- (i) Schools of Psychology by  
Woodworth.
- (ii) Introduction to Psycho-  
analysis by Freud.
- (iii) Enquiry into Human Nature  
by Adler.
- (iv) Modern Mind in Search of  
Soul by Jung.



(v) Energies of Man by Mc Dougall.

(vi) Psychology of Insanity by  
Bernard Hart.

(vii) Nature of Intelligence and  
Principles of Cognition by  
Spearman.

Some discourses by Professors of the  
Mysore University on various  
Psychological topics.

## II. PHILOSOPHY OF RELIGION AND MYSTICISM:

(1) Psychological Study of Religion  
by Leuba.

(2) Religious Consciousness by Prat.

(3) Mysticism by Under Hill.

Some discourses on these topics by  
the Professors of the Mysore  
University.

## III. WESTERN SOCIOLOGY:

(1) Outlines of Sociology by Gillin  
and Blackman.

(2) Social Contract by Rousseau.

Some discourses by Professor of  
the Mysore University.

## IV. COMPARATIVE RELIGION:

(1) Comparative Religion ~~and~~  
by Carpenter.



V. SCIENTIFIC METHOD - (Regular Classes by a Professor).

- (1) Introduction to Science by J.A.Thompson.
- (2) Essentials of Scientific Method by A.Wolfe.

VI. MODERN SCIENCE - (Regular Classes by a Professor).

- (1) Outlines of Modern Beliefs - 3 Vols. by S ullivan.
- (2) Mysterious Universe by Jeans.
- (3) The Nature of Physical World by Eddington.
- (4) Philosophical Implications of Modern Science by C.M.Joad.
- (5) A.B.C. of Relativity by Russel.
- (6) Outlines of Modern Knowledge (Select Portions).

VII. HISTORY OF WESTERN PHILOSOPHY-  
(Regular Class-es by a Professor).

- (1) History of Philosophy by Weber  
or  
History of Philosophy by Thilly.
- (2) History of Philosophy by Russel.



VIII. WESTERN LOGIC AND THEORY OF KNOWLEDGE -  
(Regular Classes by a Professor).

- (1) Logic of the Unconscious by M.K. Bradby.
- (2) The Tyranny of Words.
- (3) Clear Thinking.
- (4) Clearer Thinking by A.E.Mander.

IX. INDIAN PHILOSOPHY AND RELIGION -  
General.

- (1) Indian Philosophy - 2 Vols. - by S.Radhakrishnan.
- (2) Indian Philosophy by Professor Das Gupta.
- (3) Outlines of Indian Philosophy by Professor Hirianna.
- (4) Vedanta The Science of Reality by K.A.Krishnaswamy Aiyer.
- (5) A-vasthathraya by V.Subramanya Iyer.
- (6) Contemporary Indian Philosophy.
- (7) Selected Chapters of Cultural Heritage of India.



X. INDIAN PHILOSOPHY AND RELIGION -  
ADVAITA SCHOOL - (Regular Classes  
by Professors and Sadhu Teachers  
of the Mission).

- (1) Viveka Chudamani by Sri Sankara.
- (2) Drig Drysa Viveka.
- (3) Panchadashi.
- (4) Upadesh Sahashri of Sri Sankara.
- (5) Gita with Sankara's commentary on  
4th, 7th, 13th and 18th Chapters.
- (6) Brihadaranyaka with Sankara's  
commentary (Selected Chapters).
- (7) Principle Upanishads with Sankara's  
commentary (Katha, Prasna,  
Taithiriya, Mundaka and Mandukya).
- (8) Brahma Sutras with Sankara's  
commentary - (Chapters on refuta-  
tion of other Schools of Thought -  
First four Sutras and Adhyasa  
Bhasya).
- (9) Gaudapada Karika with Sankara's  
commentary.

XI. INDIAN PHILOSOPHY AND RELIGION -  
VISHISTHADVAITA SCHOOL - (Regular  
Classes by a Professor).

- (1) Sri Ramanuja's commentary on the  
1st Sutra of Brahma Sutra of  
Badarayana.



- (2) Philosophy of Vishistadvaita by  
Professor Sreenivasachari.

Discourses by any eminent Scholar  
on the subject.

XII. INDIAN PHILOSOPHY AND RELIGION -  
DVAITA SCHOOL - (Regular Classes  
by a Professor).

- (1) Dvaita Vedanta by Professor  
Raghavendrachar of Mysore University.

Discourses by any eminent Scholar  
on the subject.

XIII. INDIAN HISTORY AND CULTURE.

- (1) Hindu Civilization by Radhakumud  
Mukerjee.
- (2) Splendour that was Hind by K.T.Saha.
- (3) Indian Culture by Professor  
Venkateswaran.
- (4) Discovery of India by Pandit Nehru.
- (5) Mahabharat (Santiparva) - Classes  
by a Sanskrit Scholar.
- (6) Manu Samhita - Classes by a  
Sanskrit Scholar.
- (7) History of Religious Movements in  
India from the Vedic times to the  
19th Century.
- (8) Cultural Heritage of India - 3 Vols.
- (9) The Hindu Code Bill.



XIV. STUDY OF OTHER RELIGIONS AND  
SYSTEMS OF THOUGHT.

- (1) Bible (Old and New Testaments).

Discourses on Christianity by  
Scholars.

- (2) Islam - Quoran in Translation.

Discourses by Experts on the  
subject.

- (3) Study of Sikh Religion.

Discourses by Experts.

- (4) Study of Maharashtra, Dravidian and  
other Saints.

Discourses by Experts on the  
subject.

- (5) Study of Jainism and Vecrashaivaism.

- (6) Study of Buddhism - its ramifi-  
cations in India and A-broad.



## TIME TABLE.

5 a.m	.. Bell - Getting up.
5 to 7 a.m.	.. Ablution, Meditation.
7 to 7.30 a.m.	.. Breakfast.
7.30 to 8 a.m.	.. Study or Ashram work.
8 to 10 a.m.	.. Classes.
10 to 12 p.m.	.. Bath, meditation, washing etc.
12 to 12.30 p.m.	.. Meals.
12.30 to 2 p.m.	.. Rest.
2 to 3 p.m.	.. Study (Individual).
3 to 3.30 p.m.	.. Tea.
3.30 to 5 p.m.	.. Classes.
5 to 7 p.m.	.. Leisure.
7 to 7.30 p.m.	.. Mangalarathi (All should attend)..
7.30 to 8.30 p.m.	.. Meditation.
8.30 to 9 p.m.	.. Supper.
9 to 9.30 p.m.	.. Communal Reading and Discussion.

Wednesday will be a Holiday.

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APPLICATION FORM.

From

To

Name . . . . .

The General Secretary,

Address . . . . .

The Belur Math,

2. . . . .  
3. . . . .  
4. . . . .

I can speak and/or write in the following languages:-

1. . . . .  
2. . . . .  
3. . . . .

Yours respectfully,

Date . . . . .

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